

NASAL-AIRE® DISINFECTION AND CLEANING INSTRUCTIONS

For Sleep Laboratory Applications Only

Nasal-Aire is intended for use by multiple patients, provided correct disinfection procedures, as listed below, are used between patients. **Discard *Nasal-Aire* assembly when signs of wear are evident.** These signs include rips, tears or holes to the cannula or tubing or surface cracking of any component.

Disinfection and Cleaning Procedure

1. Disconnect nasal cannula from tubing.
2. Use a cotton swab to remove any visible residue from cannula, tubing or connectors.
3. Clean all components with mild soap and warm water.
4. Rinse all components three (3) times with clear water.
5. If any residue remains on cannula, tubing surfaces or connectors after cleaning, discard affected components and replace, or discard entire assembly and replace.
6. Prepare a solution of Cidex OPA (*ortho*-Phthaldehyde solution) per manufacturer's instructions. Verify strength of Cidex OPA solution using Cidex OPA test strips.
7. Submerge entire assembly and cannula (except headstrap and bolo) into the prepared Cidex OPA solution for twelve (12) minutes.
8. Remove assembly. Shake excess solution from interior surfaces of components.
9. Rinse assembly three (3) times with clear water.
10. Shake excess water from interior surfaces of components.
11. A cotton swab may be used to dry openings of tubing, nosepiece, and nasal inserts.
12. Set aside to air dry. Reassemble before use.

Bleach and water may be substituted for Cidex OPA. Perform the following in place of steps 6 through 9 from above:

1. Prepare solution of 4 parts tap water to 1 part plain, unscented household bleach.
2. Immerse all components in solution and soak for 15 minutes.
3. Rinse with tap water until bleach smell is gone (approximately 2 minutes).

Please see the instruction pamphlet included with each Nasal-Aire for other information, including WARNINGS and CAUTIONS, general directions for use, and reordering information.



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Patent Pending

Doc. No. 03004 Rev B 6/7/06



Notice to Sleep Laboratory Personnel

Regarding Multiple-Patient Use Instructions

The **multiple-patient use instructions** provided in the attached “NASAL-AIRE DISINFECTION AND CLEANING INSTRUCTIONS *For Sleep Laboratory Applications Only*” **supersede the single-patient use instructions** in the patient’s Homecare Instructions packaged with each Nasal-Aire.

The Homecare Instructions may be given to patients for information on their Nasal-Aire. However, the “Sleep Laboratory Applications Only” instructions should only be used by trained Sleep Laboratory personnel.

One set of these instructions has been provided for each bed in your lab.